FOCUS 2 Can Help You:

Select a major based on your interests and aspirations

- Discover occupations matching your personal preferences and attributes
- Map out your career plans, present and future
- Make informed career decisions



What is FOCUS 2?

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FOCUS 2 is an online, interactive, self-guided career, major and education planning system.





Why use FOCUS 2?

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- Are you unsure of your major?
- Are you unaware of the majors offered at your college and related occupations?
- □ Are you wondering what to do with your major?
- Are you unsure of which careers best suit you?
- Would you like to develop a career plan that works for you?
- □ Are you ready to make informed career decisions?

Understanding **yourself** is the first step of career & educational planning.

<u>Step 1:</u> Identify your interests, personality, values, skills and lifestyle preferences
<u>Step 2:</u> Explore occupations and major areas of study <u>compatible</u> with your personal attributes.



It is your future. Take charge.

You are responsible for making your education and career decisions, managing your career and controlling your destiny. Your career will affect your future lifestyle and feelings of fulfillment as well as where & how you live, your financial security, your leisure time activities, etc.

Plan for the Present and Future!

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- Be ready for change with career goals, strategies and options based on your interests, personality, values and skills.
- With a plan, you will be equipped to manage your career and take advantage of changes in the economy and job market rather than becoming a victim of change.



Use FOCUS 2 as an ongoing resource throughout your academic years at Capital Community College.

"I am completely unsure about my major and career and how to begin the career planning process." "I have some ideas about my major and career but I need to learn more about the tools and resources."

"I am ready to make informed decisions about my education and career."



Start the Process ...



To get started contact: Susan Perreira Email: SPerreira1@capitalcc.edu Phone: 860-906-5276

> <u>Click here</u> <u>for instructions</u> <u>to set up an account.</u>

Use FOCUS 2

To assist in making informed decisions!

Don't gamble with your future.



Make informed career decisions.

Use FOCUS 2