#### STANDARDIZED COURSE OUTLINE

#### SECTION I

SUBJECT AREA AND COURSE NUMBER: Nursing 117 CRN 2133

COURSE TITLE: Family Health Nursing II

COURSE CATALOG DESCRIPTION: This course introduces the student to the concepts of homeodynamics. The effects of the stressor, inflammatory process, on the maintenance of homeodynamics are discussed. Student learning focuses on providing care for hospitalized family members representative of diverse social, cultural groups whose basic human needs have been affected by the stressor, inflammatory process. Medical and surgical intervention, pharmacological and nutritional therapies are integrated throughout the course. Clinical experience in caring for hospitalized adults and/or children is provided in a general hospital setting.

LECTURE HOURS PER WEEK: 4 CREDITS HOURS: 4

LAB HOURS PER WEEK (if applicable): 20

PREREQUISITE(S): successful completion of Nursing 111, Biology 235 and Sociology 101 with a minimum grades of C.

## **SECTION II**

A. SCOPE: The stressor in this course is the inflammatory process. Students learn of the effects of the inflammatory process on the homeodynamics of all body systems. The class content centers around diseases that are classified as the "itises". Some of these diseases or conditions are gastritis, appendicitis and sexual transmitted diseases. In the simulated laboratories students are taught skills that will enable them to care for patients with medical and surgical problems.

The initial content deals with the pre and post operative care of patients. Students are taught that they must take advantage of every moment, to teach patients because of short stay in the hospital. Students are required to establish priority of care for their one patient. A written plan of care is expected each week. Students must evaluate their strengths and areas, which needs improvement. The clinical experience in Nursing 115 provides an opportunity for the student to practice many of the skills taught in previous courses.

The Critical Thinking laboratories, provides the opportunity for students to review course concepts and a chance to correlate laboratory studies to diseases, in a group setting. The students are assigned an advisor for the six-week course. The Laboratory is opened two days a week for skill practice and review of exams.

## B. REQUIRED WORK:

- 1. Completion of required readings for each class period.
- 2. Submission of written clinical assignments (for example: care plans) on a weekly basis.
- 3. A final grade is based on adherence to policies within the Division of Nursing and Health Careers and includes:
- a. Examinations

Quiz I 35% Quiz II 35% Laboratory Test 30%

TOTAL 100%

- b. Satisfactory performance in clinical laboratory by satisfactory achievement of all behaviors identified on the clinical evaluation tool.
- c. Completion of standardized nursing examinations.

SUCCESSFUL COMPLETION OF THIS COURSE IS BASED ON A MINIMUM GRADE OF "C" IN THEORETICAL PERFORMANCE AND SATISFACTORY "S" PERFORMANCE IN THE CLINICAL LABORATORY.

THE COURSE GRADE WILL BE "INCOMPLETE" IF STANDARDIZED EXAMINATIONS ARE NOT COMPLETED.

Students with disabilities (learning or otherwise) who may require accommodation must contact the Disabilities Coordinator. After disclosure, students must discuss their needs with their advisor. This should be done at the beginning of each semester.

Instructors in conjunction with appropriate college officials will provide assistance and/or accommodations only to these students who have completed this process.

- C. ATTENDANCE AND PARTICIPATION: It is expected that student will attend all scheduled learning activities. The faculty believes that clinical and classroom attendance is critical to progress in the Nursing Program.
  - a. If unable to attend simulated or clinical laboratory, the student must assume the responsibility for notifying the nursing laboratory and hospital to which he/she is assigned before the experience is scheduled to begin.
  - b. Faculty will review clinical and simulated lab attendance in relation to student's consistent progress in meeting weekly clinical objectives.
  - c. An assignment may be required for any clinical absence.
- D. METHODS OF INSTRUCTION: The methods of instruction are determined by course faculty and may include but are not limited to lecture, lecture/discussion, small group collaborative learning, experimental/exploration, distance learning, students presentations, or use of technologies such as audio-visual materials, computer, language laboratory, and calculator.

# E. OBJECTIVES, OUTCOMES AND ASSESSMENT

Student's grades will be based on achievement of learning the objectives and outcomes listed below as measured by the course faculty's methods of assessment.

1 Describe the effects of the inflammatory process on basic human needs of hospitalized family members.

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an	Student will:			As measured by:
understanding of:				
1. The effects of the		Concepts of Inflammatory		Achievement of a minimum
inflammatory process on basic		Process		grade of C (75%).
human needs of the			Small group discussion on the	
hospitalized family member.		A. Maintenance of	concept of homeodynamics	Achievement of satisfactory
		Homeodynamics	-cultural considerations	performance in the clinical
	-explain the concepts of	-concepts of homeodynamics		laboratory.
	homeodynamics	i.e. internal/external environment		
	-explain the process of	-process of inflammation i.e.		
	inflammation	predisposing factors, defense		
		mechanisms		
	-describe etiology of tissue	-etiology of tissue insult i.e.		
	insult	Physical, biological, chemical		
	-examine the effects of	-effects of inflammatory		
	inflammatory process on	process on homeodynamics		
	homeodynamics	process on noncodynamics		
	-illustrate the process of	-process of healing i.e. healing		
	healing	practices, cultural		
		considerations		
			Use of Pre-Clinical data card to	
		B. Infection	describe the etiology and pre-	
	-determine predisposing factors	-predisposing factors i.e.	disposing factors of the	
	to infection	epidemiology, cultural	inflammatory process assigned	
		considerations	hospitalized family members	
	-describe the process of	-process of infection i.e. chain		
	infection	of infection acute/chronic		
		phase, contaminants,		
		environmental vectors		
	-explain the process of healing	-process of healing i.e.		
		primary/secondary/tertiary		

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understand of:	Student will:			As measured by:
1. The effects of the inflammatory process on basic human needs of the hospitalized family member.	-indicate alterations in concept of self	Effects of Inflammatory Process on Basic Human Needs  A. Psychosocial Needs 1. Loving/Self-Esteem -alterations in concept of self i.e. coping/adapting mechanisms -imposed restrictions	Use of Pre-Clinical data card to plan for patients whose basic human needs have been effected by the inflammatory process -psychosocial -safety -physiological	Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical laboratory.
	-indicate measures to control contaminants -indicate measures to control environmental vectors  -distinguish types of wounds  -differentiate process of wound healing  -explain the action of selected drugs -distinguish selected therapeutic diets	B. Safety Needs 1. Asepsis -control of contaminants  -control of environmental vectors -selective biological agents, i.e. anthrax, small poxtypes of wounds i.e. abrasions, contusions, incisions, punctures, fistulas, sinuses, lacerations -process of wound healing i.e. primary, secondary, tertiary intention  2. Prevention -action of selected drugs i.e. antibiotics, steroids -diet therapy i.e. liquid, soft, fat free, bland, low protein, low residue	Observation in clinical laboratory: -types of wounds -operating room procedures  Completion of Drug Card for clinical laboratory experience  Small group discussion: -action of antibiotics and steroids	

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understand of:	Student will:			As measured by:
1. The effects of the inflammatory process on basic human needs of the hospitalized family member.	-describe inflammatory responses within the reproductive system	C. Physiological Needs 1. Procreation -inflammatory responses within the reproductive system i.e. sexually transmitted diseases (gonorrhea, genital herpes, trichomoniasis, chlamydia, syphyllis), prostatitis, pelvic inflammatory disease	Observation in clinical laboratory: -occupational therapy -physical therapy	Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical laboratory.
	-explain inflammatory responses within the gastrointestinal system	2. Food/Fluid -inflammatory responses within the gastrointestinal system i.e. gastroenteritis, esophagitis, gastritis, appendicitis, pancreatitis, hepatitis, cholecystitis, diverticulitis, regional enteritis,	Observation in clinical laboratory of: -infusion -transfusion -oxygen administration	
	-determine the effects of the inflammatory responses within the urinary system	peritonitis, ulcerative colitis  3. Elimination -inflammatory responses within the urinary system i.e. cystitis, nephritis, nephrosis	Small group discussion on effect of inflammatory process on basic human needs -psychosocial -safety -physiological	

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understand of:	Student will:			As measured by:
1. The effects of the inflammatory process on basic human needs of the hospitalized family member.	-employ measures used in restorative care  -describe inflammatory responses within the musculo-skeletal system	4. Activity/Rest/Sleep -restorative measures i.e. progressive ambulation, physical therapy, occupational therapy -inflammatory responses within the musculoskeletal system: collagen/connective tissue i.e. arthritis, (rheumatoid/osteo), systemic lupus erythematosis		Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical laboratory.
	-describe inflammatory responses with the respiratory system -classify selected types of shock -interrelate principles of oxygen therapy -differentiate effects of acute pain	5. Oxygen -inflammatory responses within the respiratory system i.e. tonsillitis, bronchitis, pneumonia -types of shock i.e. anaphylactic, septic -principles of oxygen therapy  6. Pain Avoidance -acute pain i.e. pre/post operative	Pre/post clinical conferences	

Initiate nursing activities based on physical and mental health principles to meet hospitalized family member's basic human needs affected by the inflammatory process.

LEARNING OBJECTIVES LEARNING OUTCOMES CONTENT **SUGGESTED** ASSESSMENT METHODS **ACTIVITIES** As measured by: To demonstrate an Student will: understanding of: 2. Initiating nursing activities Nursing Activities to Meet Achievement of a minimum grade of C (75%). based on physical and mental Basic Human Needs Clinical laboratory experience health principles to meet A. Psychosocial Needs in assisting with: hospitalized family member's -utilize effective 1. Loving/Self-Esteem Achievement of satisfactory basic human needs affected by communication skills to assist -coping/adapting to alterations -imposed restrictions performance in the clinical the inflammatory process. individuals cope/adapt to in concept of self i.e. laboratory. alterations in concept of self immobility, prolonged confinement, isolation, cultural considerations B. Safety Needs Experience in simulated and/or clinical laboratory with: 1. Asepsis -medical asepsis i.e. isolation -isolation technique -maintain medical asepsis technique (types) -wound care, i.e. dressings, -maintain surgical asepsis -surgical asepsis i.e. wound bandaging, drains, packings. care (dressing, bandaging, irrigations irrigations, drains, packings, -intravenous therapy wound vacuum, hyperbaric -pre/post operative nursing chamber, pharmacological care wound agents e.g. hydrocolloid ointment, proteolytic agents, Small group discussion of hydrogel) intravenous equipment -pre/post operative care i.e. -provide pre/post operative surgical intervention nursing care principles, (turn, cough, splint, Clinical laboratory experience deep breathe, leg exercises) with: cultural influences -intravenous therapy -calculation of rate of infusion/ 2. Prevention transfusion -intravenous therapy i.e. -parenteral medication -administer intravenous equipment, (heparin locks, administration devices therapy -methods of regulating infusion pumps) -patient controlled analgesia infusion/transfusion -methods to regulate infusion/transfusion

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understanding of:	Student will:			As measured by:
2. Initiating nursing activities based on physical and mental health principles to meet hospitalized family member's basic human needs affected by	-administer selected drugs	-selected drug therapy	-administration of selected medications -administration of hyperalimentation and intralipids	Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical
the inflammatory process.	-monitor diet therapies	-selected diet therapy  C. Physiological Needs	Clinical laboratory experience with: -special beds -irrigations	laboratory.
		1. Procreation		
	-administer vaginal medication	-topical vaginal medication	Experience in simulated laboratory with:	
	-provide alternate methods of food/fluid intake	2. Food/Fluid	-gastro-intestinal decompression i.e. abdominal assessment (observation, auscultation, palpation) -respiratory assessment (observation, auscultation) -methods to support circulation i.e., circulatory assessment (observation, palpation)	
	-irrigate bladder -maintain gastro-intestinal decompression	3. Elimination -bladder irrigations i.e. continuous/intermittent -gastro-intestinal decompression i.e. methods (Cantor, Miller-Abbot, Levine tubes, salem sumps) abdominal assessment, (observation, auscultation, palpation)	Clinical laboratory experience with: -gastro-intestinal decompression, i.e. abdominal assessment	

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understanding of:	Student will:			As measured by:
2. Initiating nursing activities based on physical and mental health principles to meet hospitalized family member's basic human needs affected by the inflammatory process.	-initiate appropriate positioning -maintain optimal joint positioning	4. Activity/Rest/Sleep -position of body parts i.e. promote drainage, maintain joint flexibility -positioning of joints i.e. immobilization, splinting, adaptive equipment	-adaptive equipment -application of splints	Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical laboratory.
	-support optimum oxygenation	5. Oxygen -hypothermia techniques i.e. hypothermia blanket, sponge bathing (tepid/alcohol) -postural drainage i.e. chest clapping, vibration -respiratory assessment (obervation auscultation) -breathing techniques i.e. IPPB, blow bottles, incentive spirometry	Clinical laboratory experience with:  -postural drainage i.e. chest clapping, vibration respiratory assessment  -breathing techniques i.e. IPPB, blow bottles, incentive spirometry	
	-monitor oxygen administration -utilize methods to support circulation	-oxygen administration i.e. equipment, individual reaction -methods to support circulation i.e. circulatory assessment (observation, palpation)	-oxygen administration i.e. masks, cannulas, humidification -methods to support circulation i.e. circulatory assessment -pre/post clinical conferences	
	-assist individuals cope/adapt to acute pain	6. Pain Avoidance -coping/adapting to acute pain	-acute pain control	

3 Utilize the nursing process to facilitate hospitalized family members to meet basic human needs affected by inflammatory process.

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understanding of:	Student will:			As measured by:
3. Utilizing the nursing process to facilitate hospitalized family members to meet basic human needs affected by inflammatory process.	-collect data relative to inflammatory process  -interview a patient  -formulate a nursing diagnosis utilizing selected data	The Nursing Process A. Assess -data collection relative to inflammatory process i.e. laboratory reports, diagnostic tests -nurse/patient interview -selection of relevant data -formulation of nursing diagnosis-i.e. North American Nursing Diagnosis Assoc. (NANDA)	Simulated learning laboratory experience with: -laboratory reports -client interview/role playing -care plan construction based on relevant data  Clinical laboratory experience with: -laboratory reports -interviewing patients -nursing diagnosis	Achievement of a minimum grade of C (75%).  Achievement of satisfactory performance in the clinical laboratory.
	-develop plan of care to meet short term goals -implement plan of care to minimize effects of inflammation  -evaluate nursing care plan -evaluate appropriateness of short term goals	B. Plan -goal setting i.e. short term  C. Implement -plan of care to minimize effects of inflammation i.e. pre/post operative teaching, epidemiological control  D. Evaluate -identification of patient change, i.e. physical/behavioral -modification of short term goals	-short term goal setting  -pre and post operative teaching -small group discussion of plan of care -pre/post clinical conference  -identification of patient change Guest Speaker -epidemiological controls	

Function as a member of the nursing team in providing health care to hospitalized family members whose basic human needs have been affected by the inflammatory process.

LEARNING OBJECTIVES	LEARNING OUTCOMES	CONTENT	SUGGESTED ACTIVITIES	ASSESSMENT METHODS
To demonstrate an understanding of:	Student will:			As measured by:
4. Functioning as a member of the nursing team in providing health care to hospitalized family members whose basic	-function as a member of the	The Nursing Role  A. Documentation -content and structure of	Small group discussion -patient record	Achievement of a minimum grade of C (75%).  Achievement of satisfactory
human needs have been affected by the inflammatory process.	nursing team -explain patient record -illustrate legal implications of	surgical patient record i.e. pre- operative check list, operative records -legal implication i.e. incident	-nursing report -informed consent -medical orders/nursing orders/	performance in the clinical laboratory.
	patient record	reports, informed consent, verbal/written orders	telephone orders/verbal orders	
	-justify significance of reporting relevant data -document significant data	B. The Nursing Report -receiving and reporting relevant data i.e. verbal/written	-reporting -recording	
	-function within the system of assignment -promote continuity of care	C. Evaluation of Nursing Role -systems of assignment i.e. primary, functional, team, case -interdisciplinary health team -care coordinator	-clinical laboratory experience with nursing team  Guest speaker – role of nurse epidemiologist	
	-evaluate self in nursing role -participate in peer review	-role of care manager -self i.e. lines of accountability/ responsibility -peers	Viewing of "Hospital Based Case Management" 1996 Role of the Case Manager. -self evaluation i.e. weekly/course end -peer review -pre/post clinical conferences	
	-give examples of ethical issues related to patient care treatment options	D. Process of Ethical Decision Making -refusal of treatment -withholding of treatment -religious influences	-small group discussions -guest speaker from Center for Bloodless Medicine	

## F. TEXT(s) AND MATERIALS:

\*Altman, Buchsel, and Coxon. *Delmar's Fundamental and Advanced Nursing Skills*. Delmar Thomas Learning. 2000.

Daniels, R. *Delmar's Guide to Laboratory and Diagnostic Tests*. Delmar Thomson Learning 2002.

\*Deglin, J. Vallerand, A. Davis's Drug Guide for Nurses. 8th Ed. F.A. Davis, 2002.

\*Doenges, M., Moorhouse, M. *Nurse's Pocket Guide/Diagnoses, Interventions, and Rationales*. 8<sup>th</sup> Ed. F.A. Davis Co. 2002.

\*Grodner, Anderson, DeYoung. Foundations and Clinical Application of Nutrition. A Nursing Approach. 2<sup>nd</sup> Ed. Mosby 2000.

\*Keltner, Schwecke & Bostrom. Psychiatric Nursing. 4th Ed. Mosby, 2003.

\*Lehne, R. Pharmacology for Nursing Care. 4th Ed. W.B. Saunders Co. 2001.

\*Littleton, L. Y., Engebretson, J.C. *Maternal, Neonatal, and Women's Health Nursing*. Delmar 2002.

\*Morris, D.G. Calculate with Confidence. 3<sup>rd</sup> Ed. Mosby 2002.

\*Potter & Perry. Fundamentals of Nursing, 5<sup>th</sup> Ed. Mosby, 2001.

Phipps, Monahan, Sands, Marek & Neighbors. *Medical-Surgical Nursing Health and Illness Perspectives*. 7<sup>th</sup> Ed. Mosby, 2003.

\*Taber's Cyclopedic Medical Dictionary. 19th Ed. F.A. Davis Co. 2001.

\*Nurse Pack

\*Books purchased in Nursing 101 and Nursing 111.

G. INFORMATION TECHNOLOGY: Students are expected to access Web CT Vista on a regular basis. Faculty will utilize this media to communicate with students both individually and as a group/class. Written assignments can be submitted via this method, including reflective journals.