Nursing Director's Pinning Speech Published in Book

Dr. Cindy Adams, Director of Nursing at Capital, had her 2010 Nursing Pinning Ceremony Speech selected for publication in a book out this month, *Words of Wisdom®: Nursing*, by Laurence D. Pfeifer. Read excerpt from her speech below:

The lessons from Ernie have been life long for me. Listen carefully to who is on the other side of your care. Take the time to hear their struggle and quest for finding meaning in the experience. Give your best from your mind and your heart. The patients can feel your intentions in your eye contact and your touch. Be gentle and strong. Be honest and share the steps of your care with them. Earn their trust the old fashioned way by seeing their need for dignity and by caring for each person thoughtfully and intentionally.

Nurses are given the privilege of sharing some of the most vulnerable moments in a person’s life: birth and death and all points in between. Respect that privilege and honor it. In that trust is something that borders on sacred. It has depth and meaning far beyond the next dressing change or I.V. medication. Have the courage to enter that space with the highest level of respect and nobility. When you bring your best, the return on investment far outweighs the initial deposit. You become witness to the human spirit under great challenge and in a few moments, you will see the purest forms of human triumph and despair. You will journey with families down some of the darkest roads and be surprised by some of the sources of light.